



Activities Unlimited General Meeting

General Meeting
September 17, 2013

Entertainment for the September meeting is the [RICHARD REITER SWING BAND](#). They will perform from 1PM till 2PM and our monthly business meeting will follow their performance.

The RICHARD REITER SWING BAND, for over twenty years perhaps New Jersey's most popular swing combo, performs familiar standards from the swing era. The group features Reiter on saxophone, clarinet and flute, plus vocalist Tricia Slafta, accompanied by keyboard, bass and drums, plus, when desired, guitar, trumpet, trombone. Repertoire includes: "Our Love is Here to Stay," "Boogie Woogie Bugle Boy," "As Time Goes By," "Sing Sing Sing," "Jump Jive an' Wail."

Richard Reiter, an Emmy Award winning composer, has performed as guest jazz saxophone soloist with the Baltimore Symphony Orchestra, featured artist on PBS television, on-stage clarinet soloist in Bob Fosse's Broadway musical "Dancin'," and backup for such notables as Frank Sinatra, Tony Bennett, Nancy Wilson, Johnny Mathis, Cher, Temptations and the Supremes.

Note from the President

With summer nearing to an end, I hope everyone had time and ability to enjoy some outdoor activity. Our Golf, Hiking, Gardening, Tennis and Trips and Tours groups were all doing their thing, providing our members with several opportunities to be active and enjoy the company of other members. With the change in seasons coming, I would encourage all to try a new activity. It would be a great chance to expand your circle of close friends, stimulate your mind and expand your areas of interest. You will find that everyone is most welcome. The investment study group which meets each month may also provide you with some interesting possibilities to increase personal wealth. The Book Club is always interesting and can lead you to some very good authors and books. The Public Discussion group is a great place to express your views of current issues and to see other points of view that may not be obvious to you. If you play Bridge, there is an opportunity to play up to three or four times a week. Even as the weather turns colder, outdoor activity is still available with our Ski Group, Hiking, Tennis and Golf also continue for a while, weather permitting. Out Trips and Tours group also has a planned function for just about every month. See the monthly newsletter for the schedule of their activities. For those interested in Community Service, contact Marty McGonigle for "Project Outreach" which provides volunteers to help the Wyckoff Reformed Church with their Food Pantry program. This provides a very rewarding experience. We have programs that can keep you as active as you may want!

If you have an idea for another activity that you would like to start, contact any one of the officer to discuss such possibilities. Remember, and active mind and body is a great way to combat the effects of the aging process.

October Breakfast

The October General Meeting this year, as in past years, will be a combination Meeting/Breakfast at the Brick House in Wyckoff, New Jersey. Particulars are as follows:

Date: October 8th

Place: The Brick House, 179 Godwin Avenue, Wyckoff, New Jersey

--Coffee service will be available starting at 8:30AM

--Breakfast Buffet will open at 9:00AM (tables will be randomly called)

Arrangements are being made for a Guest Speaker; details to follow.

It is not too late to make your reservation for this annual affair. The cost is \$9.00 PP; don't delay any longer.

Mail your check made out to Activities Unlimited today to **Ramon Casaprima**, 46 Walnut Street West, Mahwah, New Jersey 7430

If you have any questions please telephone Ramon at 201-891-3394).



Duplicate Bridge Results

		1st	2nd	3rd
8/7	NS	Freimuth/Lubicich	Finn/Lewis	Foley/Smith
	EW	Martin/Reed	Meloro/Warner	Crawford/Wiest
8/14	NS	No Play		
8/21	NS	Lubicich/Riccardi	Lewis/Martin	Boylan/Mahmarian
	EW	Finn/Freimuth	Desrosiers/MacDougall	Levin/Wiest
8/28	NS	MacDougall/Page	Boylan/Freimuth	Meloro/Riccardi
	EW	Coughlin/Mahmarian	Lewis/Wiest	Christie/Martin

June/July Meetings—WWII Vets/ Meet the Mayors



The deadline for Oct., 2013 Newsletter articles is September 25, 2013. When submitting articles please use font: Times New Roman 11 pt (not bold).

Send to:

Email: lguarneri03@gmail.com

Or mail to: Lou Guarneri
128 MacLeish Court
Mahwah, NJ 07430

Visit AU's website: www.activitiesunlimited.org

	OFFICES		MEETING
President	Frank Nusspickel	201-891-9099	2nd Tue 11am
1st Vice-Pres.	Herb Umland	201-891-6638	
2nd VicePres.	Ray Casaprima	201-891-3394	
Secretary	Ed Chanod	201-891-1995	
Treasurer	Dick Hensch	201-891-1309	
Asst. Treas.	Ed McGuirk	201-445-5729	
	COMMITTES		
AU Guys	John DeSantis	201-447-0256	
Book Club	Joe Clinton Joe Infosino	201-447-2261 201-337-5442	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	Joe MacDougall Wes Cheringal	201-891-4048 201-848-8009	Wed 1 pm M,F 1 pm
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev. D. Bach	201-891-1782	
Chess	Bill Schultz	201-891-5327	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
Gardening	Joe Lamela	201-327-8137	1st Wed.10:00
Golf	Bruno Bissetta Guy Cappello	201-891-7567 201-891-0617	Tuesday Thursday
Hiking	Don Kirkpatrick	201-337-5666	Mon 9:00
Historian	Dom Manobianco	201-891-7185	
Investment	Herb Umland	201-891-6638	2nd Thru 9:30
Model RR	Don Cardoza	201-337-3417	Wed. 7PM
Membership	Dick Gattoni Walt Widmer	201-652-0064 201-562-8666	
Newsletter Distribution By	Lou Guarneri Ed Schlachman	201-847-1981 973-423-1459	
Project Out- reach	Marty McGonigle	201-529-1941	
Photographer	Chuck Bainbridge	201-447-2910	
Public Disc.	Walt Widmer	201-562-8666	3rd Fri 9:30
Refreshments	Hank Boucher Jim Forbes Howard Vogel	201-445-2633 201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tues 10.00
Skiing	Bud Brooks	201-327-6649	Snow
Sponsor Liaison	Mike Wolff	201-891-4426	
Stock Market	Ramon Casaprima	201-891-3394	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco	201-891-7185	MWF
Transport.	Ron Miller	201-891-5734	
Trips/Tours	Lou Guameri George Lewis	201-847-1981 201-891-5883	2nd Tues 10:30
Web-Master	Don Kirkpatrick	201-337-5666	

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Home/Email
Frank J. Tanki (Barbara)	247 Barnstable Dr Wyckoff, NJ 07481	CPA PriceWaterhouse	Cares & Concern, Hiking, Project Outreach	201-652-6276 frank.tanki@att.net
James Yli (Mihaela)	42 Canterbury Ln New Milford, NJ 07649	Engineer	AU Guys Band, Ski- ing, Tennis	201-836-7977 jmsyu@yahoo.com
Frank J. Samarro (Lorraine)	322 Sunset Blvd Wyckoff, NJ 07481	CPA	Book Club, Cares & Concern, Computer Gardening, Golf, Hiking, Historian, Investments, Stock Market, Trips and Tours	201-845-7889 fsmarro@aol.com



The Chess Club

The AU Chess Club meets monthly on the third Thursday from 9:30—12 Noon. Due to the small group of chess players we meet at **Bill Schultz's** home 9/10ths of a mile from the WRC. The games are played on an informal social basis and are unhurried and congenial. Unlike bridge, backgammon or gin, the factor of chance or the luck of the draw are not issues in chess. It purely exercises the mind and the cerebellum resulting in improving memory retention thus eliminating the necessity of prescription medicines to counter memory loss and Alzheimer problems. Games are played in front of the fireplace, at the kitchen table in view of several bird feeders or in the family room overlooking the green acres forest trees. Players need not be professional and most are in need rehabilitation and refresher courses. For more information or to schedule a game contact **Bill Schultz** (201) 891-5327.



Investment Study Group

Activities Unlimited Investment Study Group
September 12th-9:30AM
Top Floor –WRC Building

Our speaker for this month is Tom Mingone, the founder and Managing Partner of Capital Management Group and affiliated with AXA Advisors, LLC.

Tom started his practice in 1988 and focuses on portfolio management, insurance, retirement and estate planning. He believes in the need for continuing education and has earned many profession designations including ChFC, CLU, AEP, CFS.

Tom hosts a weekly local radio show and has been quoted in national and local business publications. Our guest is active in many charitable and professional activities. We look forward to hearing Toms' ideas on investing in this current economic environment.

Come join us !

Questions please call **Herb Umland** 201-891-6639 or email humland@optonline.net

Obituaries

Bob Reilly, age 85, passed away August 16 after a long bout with Parkinson's Disease. He is survived by his wife Joan, six children and six grandchildren. Bob was a long time AU member. He co-founded the Book Club, and was a member of the Garden Club and the Golf Club. Bob will be remembered for his keen wit, intelligence and zest for life.

Joe Clinton

bhagan185@aol.com

Your Help is Needed

As Historian of AU I am asking for the help of our membership. The Club requires that there be a backup for each group activities. This is required in the event a chairman becomes unable to carry on the activity due to illness, moving out of the area or passing on. This provides an even transition of the activity in the event something should happen. I am asking any of our members who have an interest in this subject, in preserving AU history to please call me any day from 9AM to 8PM @ 201-891-7185. I will be happy to show and explain what's involved as the Historian. **Dom Manobianco**

PROJECT OUTREACH SEEKS MEMBERS

This activity was started in January 2012 and has grown to today's count of 23 members. However, some members have had to drop out for various reasons. Hence, this appeal for new bodies to join our group that has been providing their service to the Northside Food Pantry in Paterson through the Wyckoff Reformed Church. Every Thursday at 9 AM some of the church's ladies pack up food inn paper bags for eventual delivery to the needy. We supply one member to assist the ladies in numbering and placing the filled bags on shelves for pick up. In addition, once a month and also on a Thursday, usually at 11AM, we supply three members to help unload the monthly delivery truck along with male members from the WRC. Basically, participation involves giving 1-1/2 hours of your time approximately every two months to assist in feeding the truly needy of our breathern. It is a very rewarding experience and you gain the satisfaction of "giving back" for some of the benefits you have enjoyed over your lifetime. If you would like to help please call **Marty McGonigle** at 201-529-1941 or e-mail him at mmbmcg@optonline.net. It's that easy and will be much appreciated.....so, go ahead, SIGN UP!

Marty McGonigle

Sterling Mine



Westchester Theater



Finger Lakes Trip



See AU Website for additional photos

Computer Technology Club August 22, 2013 Meeting

The August 22, 2013 meeting for the Computer Technology Club had about 25 AU Members in attendance which included some new members. The net is that we have over 35 now involved with this new AU Activity.

The meeting covered an analysis of the top 10 paid and the top 10 free Anti-Virus and Spyware software packages available. We stressed the main software IE: Norton, McAfee and several of the free software packages available IE: Windows Essentials, AVG, Spybot and Adaware. Throughout the entire session many questions were fielded based on the presentation. This was followed by some general questions that ended our meeting.

The next meeting is going to be on working with Excel ... the initial part of the meeting will be through a series of 2 minute videos followed by questions / answers. These videos cover the basics of using Excel. This will be followed by a presentation by one of our members on the use of Excel in a financial analysis problem thus providing our attendees with a use of Excel in a practical situation. We will conclude with a general question and answer period.

As mentioned previously the information presented on Anti-Virus software will be posted to the AU Web-Site as a reference tool for all AU Members ... this will provide a source for useful information on how to better utilize their computers in the future.

Starting with the August 22nd meeting I will provide on a limited basis assistance to individual AU Members regarding assistance to their technical computer questions ... this will be done on a one-to-one basis either after our monthly meetings or by telephone (I have setup remote dial-in capability) to facilitate my effort to assist members if required.

Our next meeting will be on **Wednesday, September 18th at 10AM**. The meeting should be about ninety (90) minutes long.

Donald A. Kirkpatrick (201-759-3795) or da-kirkpt@verizon.net

AU Web-Site

The AU Web-Site has been live for over six (6) months and I thought it would be a good time to provide the Activities Unlimited members with an update as to what has been included on our new web-site. To access the AU Web-Site go to www.activitiesunlimited.org

The AU Web-Site contains the following sections:

Home Page – consists of a message from the president and highlights some key organizational updates and interested items on our members

Activities Pages – there is a summary page of all AU activities with links to each individual activity where the details of each activity have been highlighted.

Calendar – a full annual calendar is maintained that highlights when each activity meets.

Newsletter – a copy of each newsletter is available back to January 2012

Trips and Tours – an updated list of all planned trips and functions is maintained.

Membership – this section contains About Us, Officers, Membership (including the Roster (user ID and Password required) and Constitution information.

Contact Us – this page allows members and non-members a way to contact the Web-Master ... the response is acted upon immediately.

Additional, we have just added a section where pictures will be displayed for each function as well as for individual Trips and Tours activity. Please visit our web-site and let **Donald A. Kirkpatrick** know about the things you like or dislike and the things that should be added in the future ... he can be reached through the Contact Us page or via email at dakirkpt@verizon.com or by phone 201-759-3795.



Public Discussion Group

The Discussion Group met the THIRD Friday on August 16, 2013. It is hoped that our change of dates has not caused problems with anyone. This month 20 members were present for a very lively exchange of ideas on the following topics: The New York City election and the individuals running for Mayor. A very interesting history of the past Mayors was reviewed and their successes and failures were covered. It is hard to believe why some are running with their past records? Next the Congressional Budget and how "Sequestering" has worked and if it will be necessary to establish "Sequestering 2"? Most felt that the present House and Senate are unable to solve the problems and lead the country. Before we could start the next topic **Joe Mac Dougall** smartly suggested we discuss Snowden and the NSA issue. Very interesting the various views that were brought up. Clearly there is no simple answer. Many of the points were valid and must be considered. What are the people entitled to know? Next month we will meet on September 20th, the topics we will cover are : 1. Defaulting of the major cities and possible solutions. 2. Police surveillance and the use of cameras. 3. Egypt. We meet in the Larkin House Third Friday of the month at 9:30 am. All are welcome.
Walter Widmer 201 562 8666

AARP TAX-AIDE SEEKS VOLUNTEERS FOR 2013 TAX SEASON

We are again seeking the aide of AU members who are willing to serve as volunteers in the AARP Tax Aide Pro-gram.

The AARP Tax-Aide Volunteer Program provides tax preparation services and is seeking volunteers to help primarily low income New Jersey taxpayers who need assistance in preparing and filing their 2013 tax returns.

Volunteers do not need to be an AARP member to participate. Computer proficiency is necessary. Willingness to use your own personal laptop in the preparation of tax returns would be helpful and appreciated. AARP Tax-Aide volunteers receive free tax training and are reimbursed on a limited basis for qualified program related expenses. They help taxpayers at various sites in the Passaic County area. This service could not be provided without the help of volunteers who make an indelible mark in those communities that they help. You will find the work of assisting people of limited means to be rewarding and fulfilling.

If you are interested in participating in this worthwhile program, please contact **Ed Schlachman** at 973-423-1459 or e-mail edandjune@aol.com for further information.

The Science Club



September 24—Evolution, And More--Walt Widmer & Bob Saletta

Their talk will follow up on a presentation by Walt last year based on a DVD entitled ‘Darwin’s Dangerous Idea’, with emphasis on the earliest stages of evolution and cosmology.

October 15 —Dr. Ron Cauchard (an Optometrist whose Office is in Wyckoff) has offered to return, and will update us on cataract and glaucoma eye issues. His talk again will emphasize ‘early detection’ of these problems, which are of special importance for seniors.

November 19—John Dyksen of the ‘United Water’, our local (and now global) Company will speak to us about water technology including desalinization and other recent developments.

December 17—As was noted previously, our planned trip to LAMONT-DOHERTY Earth Institute Open House, Palisades, NY had to be cancelled. **George Becker**, who is a Board Member, has been in contact with Lamont, and hopefully a visit will be possible in the future. For many decades LAMONT-DOHERTY has done research on Antarctica, and George is planning on a presentation on this topic.

Thank you to all those who prepared and helped on our presentations and trips this last year, and please contact me for information on future meetings and trips.

JACK YURASEK (201-337-4433)

The Golf Club



AU GOLF VS HOBBYIST – 2013

For 2013 our rival men’s club the Hobbyists of Ridgewood, are the home team for this sixth annual golf match. They have chosen the date of Monday, October 7th for the tournament. It will take place at their course which is The Meadows in Lincoln Park. The entry fee is \$50.00 which includes golf & cart plus lunch afterwards.

If you wish to participate please send your \$50 checks to **Marty McGonigle**, 129 Frank Court, Mahwah, NJ 07430....made out to “Activities Unlimited” and e-mail him at www.mmbmcg@optonline.net. As of August 22nd we have 29 golfers signed up. It is unknown how many the Hobbyists will eventually enlist but we must, of course, match up evenly. Last year we had 35 sign up with 32 playing competitively. We lead the series 4 – 1 and would like to continue our winning ways.

Marty McGonigle

AU GOLF TRIP TO PENNSYLVANIA – 2013

Our third annual golf trip to Pennsylvania is scheduled for September 25 – 27, 2013. The cost of \$300.00 includes three rounds of golf with carts and range balls, two nights lodging with hot breakfasts, a welcome drink and gift. The courses this year are: Wednesday, Riverview Country Club www.riverviewcc.com....Thursday, Berkleigh Golf Club www.berkleighgolfclub.com and...Friday, Olde Homestead Golf Club www.oldehomesteadgolfclub.com all in Pennsylvania. Lodging will be at the Holdiday Inn Conference Center just west of Allentown. We have room for at least three more golfers so if you are interested please send your checks to **Marty McGonigle**, 129 Frank Court, Mahwah, NJ 07430 and e-mail your intent to him at: mmbmcg@optonline.net. Checks should be made out to “Activities Unlimited” and make reference to the golf trip on the check.

Marty McGonigle

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

Thursday September 5, 2013 AU's Annual Wine Tasting Party. Wine and Appetizer Social at the Brookside Manor Clubhouse, which is about 5 minutes from the Wyckoff Reformed Church. There will be wine tasting and plenty of appetizers (Shrimp, Chicken, Swedish Meat Balls, Pigs in a Blanket, just to name a few, plus beer & soda). No one will leave hungry. It will run from 6:00 PM to 9:00 PM. The cost is \$35.00 pp. This social will be limited to 50 people because of the size of the clubhouse which is perfect for everyone to mix and socialize in a nice atmosphere. Please sign up ASAP to reserve your place for this party. Make checks payable to Activities Unlimited no later than August 15th, and send them to **George Lewis**, 45 Walnut Street West, Mahwah, NJ 07430. (201) 891-5883

Thursday September 19, 2013 San Gennaro NYC Trip- The 87th Annual Feast of San Gennaro will take place for 11 days, on the streets of historic Little Italy, the lower Manhattan neighborhood which served as the first home in America for hundreds of thousands of Italian immigrants. Experience the "Taste of Italy" with street food delicacies, charming restaurants or just sample delightful Italian pastries and desserts at one of the many cafes **on your own**. The cost will be \$16.00 pp., which covers the bus transportation. Bus leaves WRC at 4:00 PM sharp and departs N.Y.C. at 9:00 PM. Send check to **Don Wasson**, 14 Appert Terrace, Mahwah, NJ 07430, 201-891-1873 payable to Activities Unlimited.

Thursday October 10, 2013-- OKTOBERFEST, at The Royal Manor, 454 Midland Ave. Garfield, NJ,-- Driving directions Rte. 17S to Essex St W. 2 miles to Midland Ave. South 2 miles to Royal Manor. 8 miles from GS Mall. Show starts at 11:30 am to 3:30 pm. Includes a German Band, Dancers & Bell Ringers. The menu starts with Salad, Soup, Knockwurst, Chicken, Vegetables, Coffee & Dessert. 2 Complimentary Drinks & Free Soda. Beer & Wine \$1. per glass. Cost \$45. pp. Make checks payable to AU & mail same to **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ. 07430, Tel: 201-825-5843

Nov—No Events Scheduled

Saturday December 7, 2013—Come see the **West Point Army Concert Band's Christmas Gala** Followed by Dinner at the Hotel Thayer. Cost \$65.00 pp. Our bus will leave WRC parking at 12.00 Noon sharp and return about 7:30 PM. **PHOTO ID IS REQUIRED.** Make checks payable to AU & send to **Dick Botta**, 413D Bromley Place, Wyckoff, NJ 07481, 201-848-9001

Tuesday December 17, 2013 Christmas Party at The Seasons

2014

March 10th 2014 - Costa Rica This is a 13 day private motor coach guided tour of the natural wonders of the most biologically diverse countries in the world. From powerful volcanoes and black sand beaches to tropical dry forests and mangrove jungles. The cost is \$2,395 pp. which includes airfare from Newark, all accommodations, 22 meals, 9 included tours. This trip is very popular and we are **very limited** on the number travelers we can take. There are a few single spots open at the same price. If you are interested in going, please contact **Don Wasson 201-891-1873 (donwas@verizon.net)** as soon as possible for details and booking instructions.



First-Class Mail